

Imperial Courts Newsletter

2505 Cabrillo College Drive, Aptos, CA 95003 831-476-1062 / 688-1050

www.imperialcourts.com

AUGUST 2023

Club Hours: Weekdays 8:30 am – 8:00 pm Weekends 8:00 am - 8:00 pm

SCHEDULE OF ACTIVITIES

August – during entire month – Locker Repairs/Clean-out of Unassigned, Unrented Lockers/Rental Updates

August 1 – 22 – taking your pre-orders for any Club apparel and caps; order book in office lobby

August 5 Sat. – USTA 7.0 Mixed, warm-up 12:30pm; start 1:00pm; courts 8-10

August 19 Sat - USTA 7.0 Mixed, warm-up 12:30pm; start 1:00pm; courts 8-10

OUR CLUB TENNIS TEAM PLAY & SPIRIT

**THANK YOU to all our members who have represented our Club in various leagues so far this year, and especially to all the captains.*

**We still have Mixed Doubles USTA 7.0 matches, so come out and root for our teams.*

**Women's League play will start again in September, and as usual each club has their turn of hosting matches (usually 9am-12pm; 4-5 courts used). We are pleased to have so many members participating with team spirit for these leagues – Monterey Bay A matches on Monday, Monterey Bay C on Wednesday, and Santa Cruz B on Thursday. Watch for the upcoming schedules to plan your club visits for your play and for cheering them on.*

**And a big THANK YOU to David Lee for organizing and running our Fourth of July Round Robin and Potluck - great tennis, food and fun. We appreciate all those who participated.*

FRIENDLY REMINDERS



Please do not enter the jacuzzi with any footwear or stockings on, including water shoes and sandals, for obvious health and sanitation reasons. Thank you.

Please remember we do have 2 separate phone numbers. If one is busy, you can call the other.

News From the Pros David Van Ness and Melissa Gurney Van Ness

They offer private/semi-private, group and junior classes/lessons.

To learn from "The Best": Call or text David at 831-600-5875 or e-mail him at capitoladave@gmail.com. For Melissa call or text at 831-234-4589.

TENNIS TIP FOR THE MONTH

Most professional players only have one or two patterns of play through a match. Often amateur players have several different shots they would like to hit, while the best players always try to hit their strongest shots. So during a match, stop trying to be creative and focus on hitting the shots you know will work for you.

SAVE THE DATE!

parkavenuefitness.com

831-251-1810

Park Avenue Fitness Annual Health Fair is **Saturday, September 23rd from 12-2pm**. Last year we had over 20 vendors and raised over \$900 for the Second Harvest Food bank with our raffle! This year we have even more vendors lined up, including The Santa Cruz Running Store who is excited to show their new line of Pickle ball shoes! This event is *free*, so come check out all our booths and sign up for demos with our acupuncturist, reflexologist, chiropractor, Tai chi master, myofascial release therapist and much more! Check out the event page on our website for more information!

